

Human Design System Reading – Behavioral Genetics

Introduction – Please read prior to your appointment

The Human Design System (HDS) is an information system of behavioral genetics that has a foundation and structure based in quantum physics (neutrino stream), which discloses our natural behavioral patterns on an individual basis.

The neutrino is the smallest known particle of matter, which makes an atom look like a mountain. Each second, billions of neutrinos pass through every square inch of the human energy field (HEF or aura) and physical body. At the time of birth, there is an energetic imprinting on our HEF by the neutrino stream = imprinting the behavioral patterns that are fixed for the incarnation = we can rely on them. Other information systems that are integrated:

- Binary mathematical structure of physical genetics/DNA
- Chinese I-Ching
- 9 center chakra system
- Astrology
- Energy channels from the Kabala

When we select our physical body/vehicle in our pre-incarnation planning process, which has a genetic (DNA) or fixed set of physical qualities, we also select a set of genetic behavioral patterns...many of which you are probably not aware of, or of their importance in understanding, simplifying and improving your life.

We select behavioral patterns that facilitate the goals of the incarnation, which we also select. As described by many, *we are spiritual beings who choose to have temporary human experiences.*

Before the HDS what most people generally did and still do, is develop a lifestyle based on the conditioning of many factors, including the influence of our parents, other family members, friends, teachers, books, business associates, etc., etc., and of course the *values and perceived ideals* of our society.

Our conditioned lifestyles are typically in conflict with elements our genetic or natural behavioral patterns. The result is that people make their life more difficult, stressful and confusing than necessary. The analogy is that we constantly

struggle to swim upstream, instead of going with the natural flow of our genetic behavioral patterns.

By knowing our natural behavioral patterns, we can concentrate on being the “best we can be” versus *struggling to be what we will never be*. The benefit is that we understand ourselves on a deeper level, which aids us in simplifying and improving our lives. For example, your genetic behavioral patterns convey your best decision-making technique. Would your life improve and be less stressful if you made consistently better decisions, *all of the time*? This is only one example of how an overview of your genetic behavioral patterns conveys techniques and strategies for simplifying and improving your life.

Everyone is a blend of potentially positive and negative attributes. However, there is no such thing as a good or bad genetic design because we select behavioral patterns that facilitate the goals of our incarnation.

Shifting to our natural behavioral patterns is not an easy transition for most adults because we have lived a large portion of our lives the way we “thought” was best versus what comes natural, plus we generally resist change. Another issue can be a reluctance to accept our genetic limitations.

My goal is to convey an overview of your most important behavioral characteristics versus communicating every detail. I use a reading format, inclusive of the preparation of a detailed reading outline, that is a significant refinement of the one taught in the HDS seminars and literature. Every client receives a copy of their reading outline for future reference.

Finally, don’t take my word for the information. Test the techniques and strategies by experimentation and then observe the effects in your everyday life. This approach will prove the accuracy and many benefits of the information.

“If” you are spiritually orientated, there is another layer of information. If you are not...just skip the next three paragraphs.

The behavioral characteristics, physical body and script that you selected in your pre-incarnation planning phase comprise what is referred to as our “temporary human costume”, which is unique for each incarnation. This is not unlike the

process an actor goes through when they select a role to play in a movie.

Because most of us strongly identify with the physiology of the human experience (the body/mind or our human costume), our plan is to intentionally forget our spiritual identity, often referred to as our higher-self or soul. This allows us to experience our temporary human costume oblivious to the bliss of our Spiritual Self = our true essence.

Recognizing that the final phase of our human experience is transcending our human costumes and remembering our Spiritual Self, the HDS can play a pivotal role. More specifically, *behavioral genetics assists us in distinguishing between our temporary human costume and eternal Spiritual Self*. This assists us in stepping back from (dis-identify) with our temporary human costume, along with the endless dramas of Earth. This is an essential shift in perspective, that is, if we desire to experience the 3rd dimension as our true Spiritual Self. This shift towards a “witness perspective” represents a big step towards not identifying with the negative emotions and dramas of the ego-based Earth dimension, while simultaneously manifesting the bliss of the higher dimensions (sometimes referred to as 5th dimensional consciousness, enlightenment and/or Christ Consciousness).

The balance of the information that will be conveyed is on the behavioral mechanics of the Human Design selected. The reading begins with a brief overview of your body graph, gate activations and definitions.

- There are 64 primary behavioral categories as represented by the gate numbers on the body graph.
- The black and red gate numbers on your body graph represent your conscious and unconscious characteristics, respectively.
- Each of the 26 behavioral activations (gate #s on your chart) that you selected have both a positive and negative application, which you select on a moment-to-moment basis via your free will.
- You are a consolidation of all the behavioral characteristics described, although some play a more prominent role than others.

Type, Authority, Definition & Profile are the four categories of characteristics that communicate a meaningful “overview” of anyone’s genetic behavioral patterns...referred to as your *Human Design*.

- The first portion of your reading will be a discussion of these 4 categories in relation to your specific behavioral patterns.
- The concluding portion of the reading will focus on your Other Significant Behavioral Patterns.

To make the calculations for your HDS chart/body graph, you will need to supply your birth information: birthday, place of birth and time of birth (see your birth certificate for the time – accuracy is very important). The readings last approximately 90-120 minutes and can be delivered via the telephone, Skype or Zoom. The rate is \$225. Time in excess of 2 hours is charged/pro-rated based on an hourly rate of \$150 per hour. Please contact Michael with any questions via email at michael@metatones.com or at 970-363-7726.